



ST JOHNS COURT NEWSLETTER. MARCH 2019 EDITION

ANNOUCEMENTS

Welcome to our first Newsletter as Amica care Trust! What a month February was with our trust rebrand launch day. There has also been lots of other things going on within the home And trips out. In the newsletter you will find the favourite bits from our old Newsletter. If you would like to see anything different in the newsletter please let us know.

EVENTS TAKING PLACE IN MARCH!

CONTENTS

PG 2. Looking forward to March?

PG 3. Looking back at February.

PG 4-5. Birthdays, welcomes & other

PG 6. Dates for your diary

PG 7. Employee of the month.

PG 8. We need your help!



- Friday 1ST March: St David's Day- wear Yellow!
- Friday 8th March: Church Service
- Wednesday 13th March: Mini Bus trip- Bowling.
- Thursday 14th March: Moroccan Themed Day
- Sunday 17th March: St Patrick's Day
- Thursday 21st March: Mini Bus Trip to the Safari Park.
- Monday 25th March: Find your voice with Claire at 3:15pm
- Thursday 28th March: Enjoy our Coffee morning and chat about the importance of oral health



Thank you to all of you who were involved in supporting with events that took place in February especially The Launch day for the trust rebrand.



Another event particularly enjoyed was Bowling!





Unfortunately we did not have a Newsletter for February. I wanted to say a happy belated Birthday to those residents who had their special day last month Muriel 5th, Judith 6th, Donald 19th, Joan H 22nd and Eileen 24th. We hope you all enjoyed your special day.

HELLO!

UPCOMING BIRTHDAYS

We want to say a big Happy Birthday to those residents who will be celebrating their special day in March

Pauline 6th & Val 22nd

Also a big happy birthday to members of the team who will be celebrating

Zoe P 2nd, Carol 6th, Tracey 6th, Kelly 7th, Ffion 15th, Jodie 27th, Lucia 31st

also want to say welcome to Pat and Aubrey who both joined us after the New Year. Welcome to the St Johns family. We hope you feel very welcome and happy here.

Development of the Home:

We have now decorated our ground floor hallway, we are just in the process of ordering the carpet so it should all be completed very soon. We hope you like the wallpaper!

We then aim to decorate the upstairs hallway.

We will endeavor to keep the disruption to a minimum.

We have been very fortunate, and relatives have been looking into possible new projects for the residents of St Johns Court. One of the projects is a silent call bell system, relatives JK & BS have kindly been speaking with different charities. Fortunately, for us, the Rotary club Bromsgrove have kindly donated £3000, which we can put towards the silent call bell system. We have a new care planning system implemented and the silent call bell system can be incorporated into this new system. Once the PCS is up and running, there is a possibility the trust will look into initiating the call bell system.

Speaking to charities JK & BS found out that there are also charities that are able to support individuals who may be struggling and we felt this might be of benefit mentioning in the recent residents and relatives meeting and the newsletter. United Bromsgrove Charity support individuals who may be struggling financially, having to work to support loved ones in the care home environment.

We



**THINGS TO LOOK OUT FOR AT
ST JOHNS COURT**

- We are working towards a whole home approach which involves having protected meal times. This means that the staff put all their focus on residents enjoying lunch time between 12:45 and 13:45hrs. It is important for residents to have enjoyment of their food but also those needing that extra bit of support are given that extra time and attention. Overall, we are aiming for everyone to have increased appetite and enjoyment of his or her meals. Family members who are visiting are more than welcome to be involved supporting their loved one. We will be planning in training sessions on nutrition, supporting with meals and dysphagia, which if anyone wanted to attend please speak to Faye or Claire.
- Ben has been working on a magazine of residents life biographies including fond memories and stories they have of their life. This is going to be an excellent read so be sure to have a read. Ben is

hoping to have this completed very soon.

- ST JOHNS CHOIR! We are in the process of starting our own choir. With the help of our friendly, invaluable volunteers and Alzheimer's Bromsgrove we are hoping rehearsals will take place once a month and will run from St Johns Court. More to follow.....



Themed Coffee Mornings starting at 11am in the dining room.

- Thursday 28th February – 11.00-12.00noon – Gold Standards Framework
 - Thursday 28th March – 11.00-12.00noon – Oral Health
 - Thursday 25th April – 11-12noon – Celebration of our volunteers
 - Thursday 30th May – 11.00-12.00noon – Chronic conditions & pain
 - Thursday 27th June – 11.00-12.00 noon-Men's Health
 - Thursday 25th July – 11.00-12.00noon– Medication
 - Thursday 29th August – 11.00-12.00 noon- exercise & hydration
 - Thursday 26th September – 11.00-12.00noon – Influenza & Vaccination
 - Thursday 31st October – 11.00-12.00 noon- Mental Health
 - Thursday 28th November – 11.00-12.00noon - Diabetes
 - Friday 30th December – Remembrance Service – 2pm – 4pm
-

Residents and Relatives Meeting

Everyone is welcome to attend these meetings.
The minutes from the last meeting are on the notice board if you would like to have a look.
(These dates may be subject to change)

-
- Thursday 11th April at 11am & 6pm
 - Thursday 13th June at 11am & 6pm
 - Thursday 15th August at 11am & 6pm
 - Wednesday 16th October at 11am & 6pm
 - Wednesday 11th December at 11am & 6pm
-

Cuppa & Cake Meetings at 3pm

- Thursday 18th April at 3pm
 - Thursday 20th June at 3pm
 - Thursday 22nd August at 3pm
 - Thursday 24th October at 3pm
-
-



Employee of the Month:

I would like to thank all of the team at St John's Court as you all work really hard to make it a lovely home for the residents & a happy place to work.

You all deserve to be nominated for Employee of the month for making such a difference to all the ladies and gentlemen who live with us here at St John's Court - but.....

The winner of Employee of the Month for November is:

Nicola K

Well Done & thank you for making a difference.



Reasons for nominations:

- Very Good worker.
- Very Understanding
- Puts residents first always
- Always Polite to residents and Staff.
 - Very Caring
- Always willing to help out where needed and happy to help

Other nominees were:

- Doreen: Very Friendly
- Bev: Takes her time with residents
- Georgia: Very helpful and always happy and smiling
- James: Always chats to me and spends time with me, makes me laugh.
- Ben: Puts loads of effort in, there is only one Ben and he is brilliant at his job, wonderful at his jobs.
 - Activities Team: Outstanding effort with the relaunch day, the resident's loved it



WE NEED YOUR HELP!

We have our SPRING FAYRE on Saturday 13th April and we desperately need donations of Bric a Brac, chocolates, crafts, bottles etc to go on stalls . All our fayre's are in cause of fundraising for residents living at St Johns Court so any Donations at all are greatly appreciated.

Our vintage Summer Fate is going to be held on the day of Bromsgrove carnival so we are just waiting on the date to be confirmed.

www.carehomes.co.uk is a website that has really useful information for those who are looking for a care home for loved ones so they can read real comments and reviews.

Although we have our outstanding rating's we have very few reviews on carehomes.co.uk so please take the time if you can to leave your feedback. PLEASE PLEASE LEAVE A COMMENT – ALL YOUR FEEDBACK IS GREATLY APPRECIATED AND ALLOWS OTHERS TO READ YOUR REAL EXPERIENCE'S WHICH CAN BE INVALUABLE.

Fundraising: If anyone would like to take part or has any ideas for how we can fundraise for the residents

funds please let me, Claire or the activities team know.

We hope that you have enjoyed our Monthly Newsletter.

If you have any news, facts or poems to go into our News Letter then please let Faye, Mel, Claire or Heather know.